

Snippet Series: Using the Oral Health Integration Program

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Hello this is Jana Dalton. Welcome to another SCHOOLCARE Snippet.

Today's Snippet is discussing the oral health integration program. This is a dental program that we offer through SCHOOLCARE Cigna, so the program today is really geared towards folks who have Cigna dental coverage through SCHOOLCARE and Cigna.

there are certainly benefits with having both programs and having both your medical and dental coverage through Cigna. Certainly, dental health has a really big impact on your medical health, so that's one of the reasons why with Cigna having coverage for both of those items they're able to offer extra supports and the oral health integration program is one of those programs that does offer this extra support. So, I'm going to spend a little bit of time talking about them.

I'm first going to go to myCigna and log into that program and show you where you can find access and information to this oral health integration program. I've already logged into myCigna I'm going to start here if you look at the top and under "coverage" and because I have medical and dental through Cigna, I have the dental tab option, I'm going to click on "dental." Then I'm going to scroll on down to the bottom of the page where it starts to talk about the Cigna dental oral health integration program. Discusses here program details and how you can register.

I'm going to start here by clicking on "see program details." So, this shows you some of the ways that the program works. Pays back your out-of-pocket costs for specific dental services that treat gum disease and tooth decay. The program helps people with certain medical conditions that have been found to be associated with gum disease. There's no additional cost for the program and you have to register first. Then once you register, you'll get paid back for qualifying services up to your plan's annual maximum. So, the qualifying medical conditions include the topics mentioned here: chronic kidney disease, diabetes, head and neck cancer radiation, heart disease, maternity, an organ transplant, or a stroke.

I'm going to scroll on down here a little bit further. It shows you here a few options, so let's just say maternity, that may apply to more folks. Maternity covered services - an oral evaluation, it shows you how often, one additional cleaning and exam per year during pregnancy and six months after the due date of the baby. Periodontal evaluation, one additional evaluation during pregnancy and six months after the due date and the same for that extra cleaning.

So, there is additional information here: how does it work? It shows you again how to be eligible for getting paid back. More specifically what are periodontal treatments and maintenance and then how do you register? So right here there's an online registration form that you can click on here in order to register for each qualifying medical condition.

It'll say at the bottom of the form, you'll be asked to confirm that you have that medical condition and acknowledge that Cigna can request medical records in order to confirm that you do have that. I'm going to show you what the registration form looks like. Showing here for me because I'm logged in under myself, by checking the boxes below confirming based on the terms of my plan I have one or more of the conditions listed and I'm eligible for this additional dental coverage.

And again, right under each one if you click on you can still see again what else is available specifically for that type of program. Diabetes - extra scaling and root planing. Head and neck cancer radiation - this includes extra fluoride treatments to protect the integrity of your teeth. When you're done talks about looking for your medical provider's first and last name. Read through the details and then you submit that form.

Okay, so that's how you'll be able to gain access to the oral health integration program right through myCigna under "coverage" and "dental" and then you'll find details about the oral health integration program there.

So, thank you so much for joining me today. Again, this is just another benefit if you do have Cigna medical and dental coverage with us at [SCHOOLCARE](#). there are benefits to being able to have both of those programs. Certainly, taking good care of your teeth is a really important facet of your health and Cigna does offer these types of programs to make sure that if you're dealing with say a head and neck cancer radiation, it can really affect the health and integrity of your teeth, so getting extra fluoride treatments during treatment can help take care of your teeth as well as your as your body and your physical health.

So just another program to keep in mind if you ever do need it and you're in one of those times, that's where you can find access to the information and get your own questions answered. And then you can see if you qualify for that program. So, I hope this has been helpful thank you so much for spending some time with me and have a great day.