

Registering for Biometrics at a Quest PSC

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Hi, Chris Glenn here, and I'm bringing you another SCHOOLCARE Snippet today.

I just wanted to start off by saying welcome to 2022. Hopefully you enjoyed the Well-Being Recharge that we completed throughout the month of January.

Today we wanted to review a new option that was rolled out January 1st for all SCHOOLCARE participants to be able to obtain your biometrics without any physician orders. We still strongly recommend meeting with your primary care physician during either a physical or another opportunity, maybe a phone call, to discuss your numbers, or having that provider order your blood work directly through a Quest, a LabCorp or another option. But we understand if you don't feel comfortable yet or cannot find an appointment time that works, now you have this other option. This new option that was rolled out in January is through Quest Patient Service Centers, also referred to as PSCs.

Today I'm going to go through how you can register, confirm your eligibility, and schedule a 15-minute appointment. Let's jump over to the SCHOOLCARE website.

All right so I'm at the schoolcare.org website, which I'm gonna first go to the Health and Wellness tab. Move down the page, here's the six basics of healthy living. Here's our welcome video with a couple other informational documents. But I'm going to move down to the biometrics section. Here is our new biometrics flyer, which has the information regarding the Quest PSC or Patient Service Center. As you know, you can earn \$150 annually for completing your biometric screening, and then today I'm going to show you how to register at Quest.

So, here I'm just going to click on the website and that's going to open up the Quest Diagnostics page. To create your account, you're going to start here. I already have it loaded here, but it's SCHOOLCARE2022. And then you're going to click "register now." Then you're going to go through the terms and conditions and then there's the consent section that provides the authorization for Quest to disclose the information that you provide in their system, as well as from the data to Cigna so you can obtain the biometric incentive.

So, I'm going to click accept here and continue, and then you're going to add in your social security number, your date of birth, and then if you're an employee you just click on continue. If you are a spouse, however, you just want to click non-employee. So, once you enter in your information, you put in a username and password, and you click continue. It's going to bring you to the home page here. And the home page is very user friendly.

Today we're going to be going over how to schedule a screening. I'm going to click the button "Schedule a Screening," it already pre-populates with my zip code, and then you can search over here down through the results. You know, there's a couple in Concord, there's a Manchester, Goffstown, all of those are available.

To actually select a location, I'm going to click "Select" here, and then you can choose a date. Let's say I'm going to do this Friday. It's going to load the appointment times and then I click on "Choose a Time." You would click "Continue" here, and then that would be scheduled. "You would receive a confirmation via email.

So, as you can see scheduling a screening through the Quest Diagnostics portal is pretty easy and you have this video to reference while you go through the process.

This is available for any covered subscriber or spouse on the SCHOOLCARE Cigna medical plan as well as any of our SCHOOLCARE 65+ participants, so anyone can use this under the program. Please feel free to set this up at your convenience. Again, this is just another option out of the three, but we again strongly encourage our participants to visit with their PCP, or primary care physician, or have that primary care physician order the blood work directly.

However, we have heard from certain individuals that are not able to schedule a timely appointment with their providers, whether it just doesn't work for their schedule, or the providers don't have available times, needing to wait months for an annual appointment so we wanted to offer this option as an alternative for those situations. The Quest PSCs are available as a replacement, also, for the on-site biometric screenings that we've had available in the past.

I want to thank you again for visiting today, watching this video, and learning a little bit more about the Quest PSC or Patient Service Centers. Hope you have a great day, thank you.