

Snippet Series: Where to find vaccine information.

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Hi everyone, this is Jana Dalton of SCHOOLCARE. I'm coming to you with another SCHOOLCARE Snippet. Today I would just like to talk a little bit about the COVID-19 vaccinations. There's just a lot of information coming out to everyone and we've had a lot of questions coming into us at SCHOOLCARE. So I just want to spend a little bit of time and talk about it. Certainly at least what we know at this point.

I'm recording this on January 21st and I'm just stating that because I understand it's a really quickly evolving process that might look a bit different tomorrow or the next day. There's just a lot of information coming out about this which is wonderful but it's really difficult to make a decision right now as to when is it my turn, how do I get vaccinated, and what does that look like? I know some folks have been calling their doctors' offices. This is a common reaction, but they don't necessarily have the answers. There's also a lot of information coming from the federal government.

Ultimately, we're finding really that it looks like our state government is going to be one of the best options to look for guidance on how to get vaccinated and when it's your turn. So, I'm just going to go to a website that we found is really the best way to get information in New Hampshire. This is nh.gov/covid19/resources-guidance/vaccination-planning.htm

To give you a view of what this website is and some of the details that you can find when you navigate to this website. You can see you've got vaccine information here and as you scroll down you can see the New Hampshire vaccination plans. You can read the whole .PDF document of that program and the playbook. Scrolling down a bit more you'll notice the plan summary which might also be a good document to look at.

Right now, we're in phase one. So, this shows you who's in phase 1a such as at-risk health workers, residents of long-term care facilities, as well as first responders. And then when you go down to phase 1b, it's persons over 65 or 65, medically vulnerable, intellectual and developmental disability residential facilities, correctional facility staff, and any remaining health workers and first responders. These details have been updated as of January 17.

There are instructions for health care providers and there's different information there. So, that just shows you some of that. Now if we scroll on down even further there are FAQs. And as you can imagine there are a lot, and they are trying to update this information on a regular basis. So, COVID-19 immunization info systems, FAQs...check out that information.

There are even more resources down below for families and individual's and healthcare providers. So, a lot of information here and again this is going to keep evolving. But this is probably one of the most localized sites to visit for your information. And take a peek here on the right-hand side - vaccine phase check...vaccine info if you're dealing with any mental health issues.

If you have questions about COVID-19 you can call 211. there's also another phone dial option here. And then if you scroll down here there are national as well as state resources. So, you can go here the New Hampshire Department of Health and Human Services Bureau of Infectious Disease Control. Something else to keep in mind, is the CDC Coronavirus Information, as well as the World Health Organization. Lots of information here so this is the site that we're currently recommending that you go to in order to keep up to date with any information that you're trying to navigate.

So, again it's nh.gov/covid19/resources-guidance/vaccination-planning.htm.

Please continue to take good care of yourselves. Thank you so much.

bye-bye