

2026 Retiree Medicare and SchoolCare 65+ Plan Presentation

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This is the SCHOOLCARE 65+ benefit presentation for retirees.

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This presentation covers Medicare basics and details for the SCHOOLCARE health plan options. You have many options for Medicare supplement plans so we'd like to review a few reasons why you might choose SCHOOLCARE 65+. We'll then review the next steps for enrollment and as always, your SCHOOLCARE resources.

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Medicare is a federal health insurance program administered by the Centers for Medicare and Medicaid Services or CMS. It is made up of 4 parts; A, B, C, and D. Medicare has its own eligibility you must meet to qualify. You need to be 65 years old, or you qualify based on disability or other special situation and you are a U.S. citizen or legal resident who has lived in the US for at least 5 consecutive years.

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Medicare has 3 enrollment periods. The first is your Initial Enrollment Period or IEP. This is made up of the 3 months prior to your 65th birth month, your birth month, and the 3 months after your birth month. There are no penalties if you enroll during this time. The next period is called the Special Enrollment Period or SEP. This is for people who are over the age of 65 but who are still covered under an employer-sponsored plan. This period runs for 8 months after the termination of your benefits due to retirement. There are also no penalties for enrolling during this time.

Please note: If you or your spouse are under the age of 65, you will remain enrolled in the SCHOOLCARE/Cigna plan until age 65 or Medicare eligible.

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The third period for enrollment is called the General Enrollment Period, or GEP. This period runs annually from January 1st through March 31st and is for individuals who are not eligible for either an IEP or SEP.

Coverage would begin the first of the month following the enrollment date.

There are a few potential penalties you may incur if you do not enroll at the correct time. There is a 10% penalty imposed for each year an individual was eligible for Medicare Part B but was not insured under any plan. Also, there is a 1% penalty of the national base beneficiary premium imposed for each month an individual was eligible for Medicare Part D but was not insured under any plan. This is referred to as the Late Enrollment Penalty.

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When eligible, you first need to enroll into what is considered Original Medicare, made up of Parts A and B. Part A helps pay for hospital stays and inpatient care. Part B helps pay for doctors' visits and outpatient care. Part A has no premium cost to the participant and Part B's standard premium for 2026 is \$206.50 per person per month. This could be higher due to your income.

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The expenses that you may incur under both Parts A and B include the following. There is a \$1,716 Part A

deductible for 2026 that you could incur per benefit period when admitted into the hospital. For any hospital stays longer than 60 days, you also would pay \$419 per day from days 61-90 and \$838 per day after day 90. There is a \$288 deductible for Part B for 2026 and you also pay 20% for any medical costs after you reach that deductible. There is no coverage outside of the United States under Medicare so you would pay all costs for care outside of the United States. In addition, Medicare does not provide self-administered prescription drug coverage.

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Now that you understand the deductibles and coinsurance under Medicare Parts A and B, the next step is to choose coverage to fill in those gaps. The first option would be to choose a Medicare Advantage Plan, also known as Part C. These plans are offered by private companies and combine Part A and B into 1 plan. It usually covers Part D as well, for prescription drug coverage. Medicare Advantage plans also provide additional benefits and services not covered by Original Medicare.

Your second option would be to enroll in both a supplement plan and a Medicare Part D plan. Both supplements and Part D plans are offered by private companies. Supplement plans help pay for some of your out-of-pocket costs associated with Original Medicare, and Part D plans help pay for your prescription drugs.

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SCHOOLCARE currently offers three retiree health plan options. These options are our Medicare Advantage plan through United Health Care, our Traditional Plan G plan with and without prescription. All three options will be covered in depth in this presentation.

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First, we present our custom designed group SCHOOLCARE 65+ Advantage plan offered in partnership with UnitedHealthcare. UnitedHealthcare has expansive benefits offered across the country and includes a prescription drug plan. The plan offers a retiree-focused wellness program. There is a dedicated United Healthcare team for all SCHOOLCARE retirees to help answer your questions. The cost for this plan is \$586 per person, per month through December 31, 2026. Under this plan, Medicare Parts A and B are secondary.

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Now let's look at how the coverage of the plan works. Your Medicare Advantage plan with UnitedHealthCare and SCHOOLCARE will cover all the Part A benefits – inpatient hospital, skilled nursing and home health, all the Part B benefits – doctor office visits, outpatient care, and labs, Part D – prescription drug coverage, as well as offer additional benefits and programs beyond Original Medicare. You will continue to retain all the rights and privileges of Medicare, but your benefits and claims will be processed by UnitedHealthcare. And there are no deductibles on the plan and no out-of-pocket maximum.

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The SCHOOLCARE 65+ Medicare Advantage plan includes Part D prescription drug coverage. The plan also includes coverage for all Medicare covered services as well as an eyewear benefit, hearing aid allowance, and numerous other benefits.

There is no referral needed to see a specialist.

Your Medicare Advantage plan is considered a National PPO plan. What that means to you is you can utilize doctors, clinics and hospitals across the United States and the U.S. Territories for the same cost

share - whether the provider is in the UniteHealthCare provider network or is out-of-network, as long as they participate in Medicare.

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All medical services both in and out of network have \$0 copays. This includes your primary care visits, specialists, urgent care and emergency rooms, in-patient stays etc. And there is no copay for a virtual medical visit.

Finally, please note that Emergency Room and Urgent Care services are covered worldwide!

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The plan also covers preventive screens with no copay. Some of the preventive services that are covered by the plan are an annual physical, an annual wellness visit, immunizations, and cancer screenings.

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Now we'll review the prescription drug benefit. First, it may be helpful to understand the stages of any Medicare-based drug coverage. In the *Initial Coverage Stage*, you will pay a copay or coinsurance for prescriptions, and the plan cover the remaining cost. With our UnitedHealth Care Advantage plan, the annual deductible is \$0. You will pay up to \$2,100 in prescription copays or coinsurance, as outlined on the next slide. Once the total out-of-pocket cost for prescriptions reaches \$2,000, you will enter the *Catastrophic Coverage Stage*.

The out-of-pocket maximum for prescriptions is \$2,000. So, if you reach the Catastrophic Coverage Stage, you will not pay any additional out-of-pocket costs for prescriptions for the remainder of the year. Your co-pays will remain the same or be reduced to \$0 for the rest of the plan year.

Let's further explore the specifics of the SCHOOLCARE 65+ Advantage prescription drug coverage. Covered drugs are organized in tiers. Each tier has a different cost associated with it.

Tier 1 consists of preferred generic drugs and are covered at a \$10 copay for a 31-day supply or \$15 copay for a 90-day mail order supply through OptumRx Mail Order.

Tier 2 consists of preferred brand drugs and are covered at a \$30 copay for a 31-day supply or \$45 copay for a 90-day mail order supply through OptumRx Mail Order.

Tier 3 consists of non-preferred drugs and are covered at a \$40 copay for 31-day supply or \$60 copay for a 90-day mail order supply through OptumRx Mail Order.

Tier 4 consists of specialty drugs and are covered at a 12% coinsurance for 31-day supply or 12% coinsurance for a 90-day mail order supply through OptumRx Mail Order.

These costs reflect the amount you would pay during the Initial Coverage Stage.

When and if you reach the Catastrophic Coverage stage as previously explained, you would pay zero for the rest of the year.

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The SCHOOLCARE 65+ Advantage Plan as indicated early in the presentation includes additional features and benefits. The vision benefit includes a routine eye exam every 12 months, and a \$100 allowance

toward eyeglasses or contacts every 12 months. The program uses the UnitedHealthcare provider network for exams.

The hearing benefit includes a \$500 hearing aid allowance every 3 years when you use a UnitedHealthcare hearing provider. This includes both prescription and non-prescription hearing aids. There are hundreds of styles and brands to choose from and savings of 50-80% when you use a UnitedHealthcare provider. To get started, visit the UHChearing.com/retiree website, or call 1-866-445-2071 **before** going to your local provider.

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Continuing with additional features and benefits.

UnitedHealthcare HouseCalls brings a healthcare practitioner to your home to perform a head-to-toe exam, review your health history and current medications with you, help identify health and safety concerns, and provide health education. The visits last up to an hour and the results are provided to you to discuss with your doctor.

In 2026, the Personal Emergency Response System (PERS) will no longer be offered due to low utilization. UHC will reach out to those affected directly with a buy-in option.

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Annual physicals and Annual Wellness Visits are both important, but they serve different purposes. An annual physical provides a comprehensive, head-to-toe examination, including laboratory work and diagnostic tests to measure overall health. An Annual Wellness Visit, on the other hand, is designed to set aside dedicated time with a primary care provider to discuss preventive care, screenings, and health-related questions.

Although an Annual Wellness Visit may be scheduled at any time during the year, many individuals choose to coordinate it with their annual physical to allow for an extended appointment with their provider. This visit is available at no cost, and scheduling in advance is strongly encouraged.

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The Advantage plan includes coverage for diabetes testing and monitoring supplies. This includes lancets, lancing devices, glucose control solutions and meter replacement batteries, which are covered at a \$0 copay.

To switch to one of the preferred brands, you may be required to get a new prescription from your provider. You can request a temporary supply of your current brand.

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Calm Health supports both mental and physical well-being through evidence-based programs designed to address a variety of health experiences, life stages, and mental health challenges. For UnitedHealthcare Group Medicare Advantage plan members, Calm Health is included in the health plan at no additional cost.

The experience begins with a brief mental health screening, which helps tailor program recommendations based on each individual's well-being journey.

The Calm Health app provides access to a comprehensive library of support, including mindfulness resources and psychologist-developed programs for a range of health needs and life stages. Features include:

- Techniques to enhance well-being, such as meditation tools, music, and sounds to promote focus, mindful movement, and calm.

- Self-guided programs to promote personal goals, with progress tracking built in.
- Information and resources to strengthen the mind-body connection through mental health support.

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UnitedHealthcare Healthy at Home provides support that goes beyond traditional medical care to help you recover at home. You are eligible for Healthy at Home benefits up to 30 days after inpatient and skilled nursing facility stays. Your benefits include:

28 home-delivered meals when referred by a UnitedHealthcare Engagement Specialist.

12 one-way rides to medically related appointments and to the pharmacy when referred by a UnitedHealthcare Engagement Specialist.

6 hours of non-medical personal care provided by a professional caregiver to perform tasks such as preparing meals, bathing, medication reminders and more.

A new referral is required after every discharge to access your meal and transportation benefit, but is not required for the non-medical personal care.

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Virtual care is available for minor health concerns including allergies, colds and coughs, fever, flu and other illnesses. Behavioral health visits are also available virtually to help with depression, trauma and loss, medication management or addiction. There is no cost for either program.

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You also have retiree-focused wellness benefits.

There are several ways to keep fit and healthy. Renew Active offers a FREE gym membership at a participating gym of your choice, thousands of on-demand workout videos, social activities, wellness classes, a brain-health program and much more.

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And last but not least, there's Let's Move, a program to help you eat well, get fit, find support for your mental health and connect with others through local and online events, classes and volunteering.

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Now the details of the SCHOOLCARE 65+ Traditional Medicare Supplement Plan. Medicare Parts A and B would be your primary insurance.

SCHOOLCARE 65+ Traditional is secondary coverage and supplements Medicare. This plan is a Medicare Plan G and is provided in partnership with United American.

The monthly cost for the SCHOOLCARE 65+ Traditional plan WITH prescription (Option1) is \$502.80 per person per month.

The monthly cost for the SCHOOLCARE 65+ Traditional plan without prescription (Option 2) is \$206.00 per person per month.

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Now for some specifics on the coverage components of the SCHOOLCARE 65+ Traditional Supplement Plan.

As you can see from the last column on the right, there are relatively low costs to be incurred if you're on this plan, noting that Medicare Part A coverage, for inpatient care, is comprehensive. You can expect to have no out of pocket costs for Part A Services, with the exception of skilled nursing care beyond 100 days and hospice care for outpatient drugs and inpatient respite care.

When it comes to Part B services or out-patient care including blood transfusions, lab services and durable medical equipment, you can expect to pay the Part B Deductible, which is \$288 for 2026. This is an annual deductible. It is reflected multiple times on this chart because it can be made up of billing for more than one service shown in the chart but never exceeding \$288 total in 2026.

And lastly, foreign travel. As you can see, Medicare does not provide coverage for foreign travel, the SCHOOLCARE 65+ Traditional Plan G includes a foreign travel rider. If you incur expenses traveling outside the United States, you will pay the first \$250 deductible then you pay 20% of the charges while the plan pays 80% up to a maximum of \$50,000 payment per lifetime. Any cost over that amount would be the responsibility of the patient.

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The SchoolCare 65+ Traditional Plan with Express Scripts is a Medicare Employer Group Waiver Plan that includes prescription coverage through Plan D. This plan is considered creditable coverage, meaning it's as good as or better than the options listed on Medicare.gov. With Express Scripts as the insurer, you'll have access to a wide network of participating pharmacies. The Traditional Plan also offers enhanced benefits, including no Part D deductible and a broader list of covered medications, giving you greater flexibility and peace of mind.

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Let's further explore the specifics of the SCHOOLCARE 65+ Traditional Plan Express Scripts prescription drug coverage. Covered drugs are organized in tiers. Each tier has a different cost associated with it.

Tier 1 consists of preferred generic drugs and are covered at a \$10 copay for a 31-day supply, \$30 copay for a 90-day supply, or \$15 copay for a 90-day supply from home delivery.

Tier 2 consists of preferred brand drugs and are covered at a \$30 copay for a 31-day supply, \$90 copay for a 90-day supply, or \$45 copay for a 90-day supply from home delivery.

Tier 3 consists of non-preferred drugs and are covered at a \$40 copay for 31-day supply, \$120 copay for a 90-day supply, or \$60 copay for a 90-day supply from home delivery.

Tier 4 consists of specialty drugs and are covered at a 12% coinsurance for 31-day supply or 12% coinsurance for a 90-day retail supply or 90-day home delivery.

These costs reflect the amount you would pay during the Initial Coverage Stage.

When and if you reach the Catastrophic Coverage stage as previously explained, you would pay zero for the rest of the year.

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Let's recap the SCHOOLCARE 65+ plan options by reviewing the three plans. The first column provides a description. Please note the differences in the amount you can expect to pay, in the two columns on the right.

The SCHOOLCARE 65+ Advantage plan through UnitedHealthcare is highlighted in blue. This plan option is the most comprehensive and provides enhancements such as no requirement for a prior hospital stay before skilled nursing care, podiatry, hearing aids, unlimited foreign travel benefit and prescription drug coverage. In addition, you should note that there is no cost to you for services subject to the Medicare Part B deductible.

The SCHOOLCARE 65+ Traditional plan through United American, both with and without prescription, is

highlighted in green. This is a Medicare Plan G plan. Retirees enrolled in this plan are financially responsible for the annual Medicare Part B deductible of \$288 in 2026. In addition, foreign travel coverage is limited to emergency care only, and has a \$50,000 lifetime max benefit, as well as a \$250 deductible and then 20% coinsurance dynamic for any claims. Retirees who enroll in this plan have an option of choosing the Traditional plan WITH prescription. If retirees choose to enroll in the Traditional plan WITHOUT prescription, they should also enroll in a Medicare Part D prescription plan at [medicare.gov](https://www.medicare.gov).

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Here is a summary of the enhanced benefits of the SCHOOLCARE 65+ Advantage Plan. Coverage includes annual routine physical, and hearing and eye exams at no cost. The Advantage plan pays \$100 towards eyeglasses or contact lenses every 12 months. The Healthy at Home program provides 28 meals, 12 rides and 6 hours of in-home personal care up to 30 days following inpatient stays. A Personal Emergency Response System through Lifeline is no longer included. The Renew Active Fitness Program pays for a standard membership at a participating gym location.

The premium cost for our SCHOOLCARE 65+ Advantage Plan is \$586.00 per person per month.

The SCHOOLCARE 65+ Traditional Supplement Plan is \$502.80 per person per month WITH prescription. The SCHOOLCARE 65+ Traditional Supplement Plan is \$206.00 per person per month WITHOUT prescription.

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We know you have many options for retiree coverage so we'd like to cover some reasons for why you might choose to enroll in one of the SCHOOLCARE 65+ plans. First, SCHOOLCARE offers comprehensive coverage at competitive group rates, rather than individual age-based rates that you may pay elsewhere.

The SCHOOLCARE 65+ Advantage Plan offers prescription drug coverage that exceeds Medicare Part D standards of creditability. The prescription coverage has a broad formulary covering many medications excluded by Medicare Part D, along with a nationwide pharmacy network.

We also hope you find it valuable that you can turn to SCHOOLCARE staff whenever you have questions or concerns. We pride ourselves on being accessible and knowledgeable in our programs so we can provide you with individualized support and service.

Finally, enrollment in all SCHOOLCARE plans includes Identity Fraud Reimbursement coverage. Hopefully you will never need this coverage, but it sure can be helpful if you ever find yourself needing this benefit.

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When enrolling on either of the SCHOOLCARE 65+ Plans, you will need to provide a copy of your Medicare card showing both coverage for Medicare Parts A and B. Upon completion of the form, it should be signed, dated and returned to SCHOOLCARE at least 15 days prior to your requested effective date.

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SCHOOLCARE offers a variety of payment options.

If you receive a New Hampshire Retirement System pension, then you can authorize the monthly cost to be deducted from this monthly pension, by filling out the NHRS Annuity Deduction Form.

You can also have the option to pay your monthly invoice with a check or set up recurring payments from

your credit card or ACH from a checking account.

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There are several resources available to support you in making coverage decisions.

First, you certainly have us here at SCHOOLCARE. You can visit our website for plan information at www.schoolcare.org/medical-sc65. You can also call us at 603-836-5031. For Benefit Information Press 3, or for Eligibility and Enrollment Information, Press 1.

UnitedHealthcare can be reached by calling 866-207-2262 or by visiting their website for the SCHOOLCARE 65+ plan at www.retiree.uhc.com/schoolcare.

United American can be reached by calling 800-331-2512 or by visiting their website at www.unitedamerican.com.

Medicare can be reached by calling 800-633-4227 or by visiting their website at www.medicare.gov.

Finally, Service Link can also be a helpful resource in making a decision about your coverage options. They can be reached by calling 866-634-9412 or by visiting their website at www.dhhs.nh.gov/servicelink

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Thank you so much for taking the time to learn more about the SCHOOLCARE 65+ retiree health benefit plans. Please feel free to call our office at 603-836-5031 if you have any questions. Take care.