

Visiting National Parks is more fun with friends

The United States National Parks destination challenge invites your team works together to virtually travel to 9 national parks starting in Oregon and ending in Maine. **Each destination requires a combined 61,000 steps to get there.** It averages to just under 7,000 steps per person, per day on a team of 5 to make it to the final destination. **Registration opens Friday July 31, 2026.**

Create a team with friends

If you already know who you'd like on your team, connect with them before creating your team in the Wellness Portal to confirm everyone will participate.

1. Choose a team captain/team name.
2. The team captain should join the challenge first and **create a private team**.
3. Once the team is created, the captain invites teammates using the tools within the Wellness Portal.
4. Participants can join or switch teams until **registration closes on August 13.**



IMPORTANT: If you create a public team, anyone can join as soon as it's created. This means someone searching for an open team could join yours before your intended teammates do, taking available spots. To reserve spots for your teammates, please be sure to create a private team.

Create/join a public team

If you don't have a team, we encourage you to connect with other SCHOOLCARE participants around the state:

- Register to join the challenge by clicking the link in your invite email, or under the Challenges tab in the Wellness Portal.
- When you register it will ask if you wish to join a team or create a team.
- To join a team, scroll through the public teams and select one.
- If there are no open teams, or if you'd simply like to start one and allow others to join you, select the option to create a team, give it a name, and complete your registration.

Team building tip:

If you're joining with a friend or two and want to maximize your chances of reaching all nine destinations, **create a private team** and invite your friends first. Once they've joined, you can **change the team to public** to allow others to join.

This is not intended to be a solo expedition

There is a daily personal limit of 30,000 steps, which means the most you can log solo over the two-week trek is 420,000. It requires **488,000 steps to get to Acadia National Park**, which means you cannot do it alone AND earn your full \$50 Wellness Cash incentive. We encourage you to get social with other SCHOOLCARE participants and create or join a team where you can motivate each other to keep going!